

Mid-year Population Estimates by Age Group and Sex, 2025 - 2026*

In Thousands

Age Group	2025*			2026*		
	Total	Male	Female	Total	Male	Female
Total	21,756	10,500	11,256	21,778	10,511	11,267
0-4	1,214	610	604	1,215	611	604
5-9	1,555	788	767	1,556	788	768
10-14	1,733	880	853	1,735	881	854
15-19	1,793	907	886	1,795	908	887
20-24	1,606	789	817	1,608	790	818
25-29	1,371	662	709	1,373	663	710
30-34	1,413	682	731	1,413	682	731
35-39	1,451	704	747	1,452	705	747
40-44	1,601	785	816	1,602	786	816
45-49	1,489	730	759	1,490	730	760
50-54	1,340	650	690	1,342	651	691
55-59	1,275	603	672	1,275	603	672
60-64	1,181	547	634	1,183	548	635
65-69	990	446	544	992	447	545
70-74	794	344	450	796	345	451
75-79	523	215	308	523	215	308
80+	427	158	269	428	158	270

Source: Registrar General's Department

* Provisional

Note: Age data was calculated, using the age distribution of Census of Population and Housing 2024