**Table 2.14 : Average birth weight ( grams ) by district of usual residence and age of mother - 2009**

| Race | All Ages | Less than 15 | 15-19 | 20-24 | 25-29 | 30-34 | 35-39 | 40-44 | 45-49 | 50 & above |
|---|---|---|---|---|---|---|---|---|---|---|
| **Sri Lanka** | **2885** | **2764** | **2754** | **2832** | **2897** | **2928** | **2913** | **2862** | **2789** | **2557** |
| Colombo | 2922 | 2797 | 2773 | 2882 | 2939 | 2946 | 2930 | 2865 | 2857 | 2439 |
| Gampaha | 2934 | 2657 | 2789 | 2892 | 2939 | 2966 | 2950 | 2888 | 2790 | 2945 |
| Kalutara | 2881 | 2521 | 2742 | 2836 | 2890 | 2925 | 2897 | 2793 | 2774 | - |
| Kandy | 2863 | 2401 | 2722 | 2822 | 2866 | 2913 | 2871 | 2826 | 2676 | - |
| Matale | 2864 | 2978 | 2775 | 2802 | 2877 | 2911 | 2888 | 2846 | 2705 | - |
| Nuwaraeliya | 2706 | 2407 | 2568 | 2664 | 2711 | 2765 | 2737 | 2662 | 2627 | - |
| Galle | 2893 | 2630 | 2732 | 2834 | 2915 | 2942 | 2915 | 2839 | 2726 | - |
| Matara | 2906 | 2500 | 2752 | 2819 | 2921 | 2951 | 2959 | 2897 | 2850 | - |
| Hambantota | 2921 | 2840 | 2816 | 2844 | 2932 | 2965 | 2962 | 2942 | 2870 | 3010 |
| Jaffna | 2938 | 2000 | 2768 | 2880 | 2966 | 2985 | 2927 | 2899 | 2764 | 2313 |
| Mannar | 2955 | 3330 | 2759 | 2923 | 2983 | 2995 | 2961 | 2850 | 2700 | 2600 |
| Vavuniya | 2860 | - | 2750 | 2818 | 2872 | 2895 | 2904 | 2849 | 2639 | - |
| Mullativu | 2800 | 3000 | 2715 | 2785 | 2837 | 2791 | 2815 | 2736 | 2500 | - |
| Kilinochchi | 2819 | - | 2628 | 2806 | 2807 | 2898 | 2855 | 2595 | 3062 | - |
| Batticaloa | 2902 | 2883 | 2768 | 2856 | 2922 | 2950 | 2948 | 2948 | 2828 | 2209 |
| Ampara | 2922 | 2800 | 2806 | 2858 | 2939 | 2970 | 2956 | 2949 | 2938 | 2700 |
| Trincomalee | 2910 | 2860 | 2796 | 2859 | 2925 | 2963 | 2964 | 2912 | 2914 | - |
| Kurunegala | 2891 | 2823 | 2756 | 2842 | 2899 | 2933 | 2914 | 2901 | 2660 | 1890 |
| Puttalam | 2964 | 3438 | 2852 | 2949 | 2985 | 2990 | 2984 | 2918 | 3099 | - |
| Anuradhapura | 2866 | 3075 | 2751 | 2814 | 2892 | 2910 | 2893 | 2830 | 2857 | - |
| Polonnaruwa | 2890 | - | 2801 | 2855 | 2895 | 2925 | 2946 | 2875 | 2610 | - |
| Badulla | 2787 | 2897 | 2697 | 2742 | 2796 | 2828 | 2814 | 2791 | 2839 | 2993 |
| Monaragala | 2841 | 2730 | 2728 | 2789 | 2856 | 2896 | 2882 | 2847 | 2727 | 2830 |
| Ratnapura | 2822 | 2515 | 2660 | 2771 | 2844 | 2869 | 2861 | 2835 | 2742 | - |
| Kegalle | 2832 | 2888 | 2666 | 2756 | 2833 | 2884 | 2876 | 2800 | 2712 | 3000 |
| Abroad | 3030 | - | - | 3200 | 3140 | 2750 | - | - | - | - |